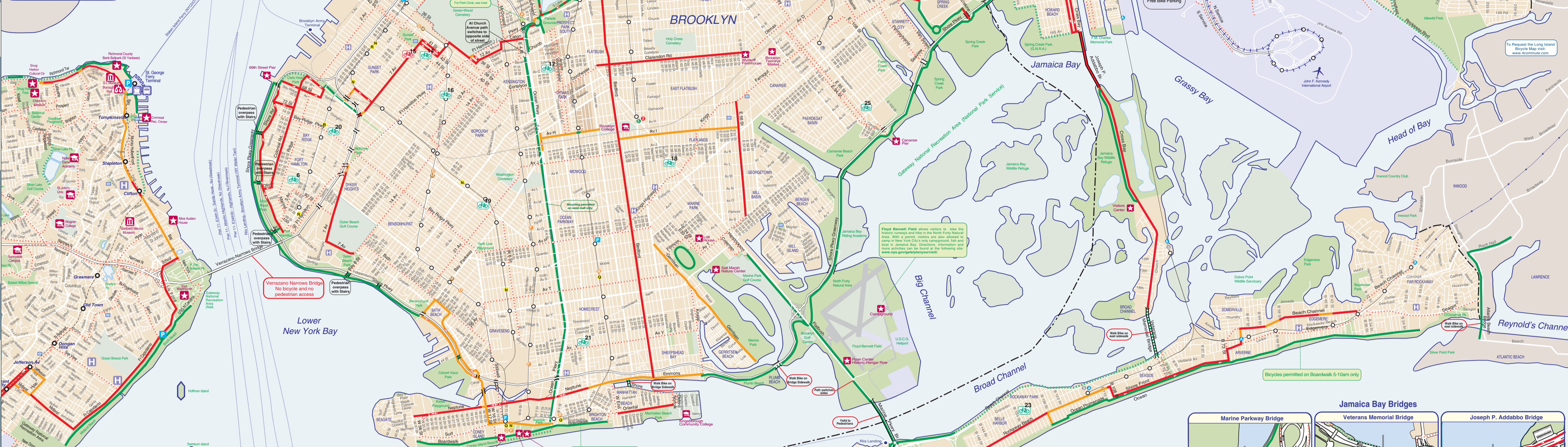


LEGEND

- Bicycle Path, Class 1 (bridge, park or separated on-street path)
- Bicycle Lane, Class 2 (two-way unless shown) (on-street striped route)
- Bicycle Route, Class 3 (on-street signed route)
- Travel Direction on Bicycle Lane/Route
- Direction of Bicycle Lane on T-way Street
- Planned/Proposed Bicycle Path (for future construction)
- Planned/Proposed Route
- Bike Shop
- With Bike Rental
- Sheltered Bike Parking
- Subway Lines and Stations
- Commuter Rail and Stations
- AirTrain Rail
- Ferry Lines and Terminals
- Expressways
- Principal Streets
- Historic District
- Parks
- Open Space and Cemeteries
- Airports and Industrial Uses
- Sites of Interest
- Landmarks and Museums
- Schools and Universities
- Theaters
- Government
- Bus Station
- Train Station
- Hospital

0 1/2 1 MILES
0 2 KILOMETERS



Park Circle Inset

ABOUT THIS MAP

Disclaimer: The City of New York has published this map to aid cyclists. Cyclists are urged to use facilities that are suitable for their individual cycling skills and to be aware that traffic volumes, during certain times of the day, may be unsuitable for their cycling abilities. This map does not substitute for a roadway map. The City of New York takes no responsibility for users' safety and in no way warrants the safety or fitness of the suggested routes. Ride carefully!

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Updated versions of the Cycling Map and information about current projects can be found at: nyc.gov/planning or nyc.gov.

Map Credit: Thanks to the Cities of Chicago, Illinois; Portland, Oregon; and Calgary and London, Canada for the use of information from their cycling maps.
Cover layout & design: NYC Company
Cover Photograph: Heidi Wolf

Printed on paper containing 30% post-consumer material.

The Right Fit!

- Wear a helmet whenever you ride.
- Always buckle the chin strap.
- Replace your helmet after any crash and whenever you see signs of damage.

WRONG! Tilted
Wear your helmet level on your head, about 2 finger-widths above your eyebrows.

WRONG! Loose Straps
Make sure the straps are snug. Only about 2 fingers should fit beneath the chin strap.

WRONG! Too Big
Your helmet should fit snugly on your head and not rock side-to-side. Use the foam pads that came with the helmet or the internal adjuster to fine-tune.

Helmet Style!

Helmets come in all fashions and colors. Find yours and ride in style!

Worried about helmet fit? Try tying your hair back or wearing a thin scarf or bandana under your helmet. Keep hair product at work for a quick touch up.

BIKE SHOPS

The Bronx	Brooklyn (cont.)	Manhattan (cont.)	Queens
1 - Arrow Cycle Inc. 4000 White Plains Rd / 718-547-2056	27 - Brooklyn Bike and Board 500 Vanderbilt Ave / 212-228-2339	26 - Buy Bike Bikes 437 East 69th St / 212-228-2347	1 - Tony's Bicycle 35-21 35th Ave / 718-278-3355
2 - Crossstown Bicycles 140 Havermeer St / 718-599-2409	28 - Lit Fuse Cycles 408 Hedgesway Ave / 347-442-1872	27 - Toga Bike Shop 110 West Ave / 212-798-2453	2 - Bike Stop 35-19 29th Ave / 718-278-2453
3 - Gotham's Bicycle Discount Center 178 Graham Ave / 718-762-3741	29 - King Kog 405 Graham Ave / 347-689-2299	28 - A Bicycle Shop 180 W. 22nd St / 212-681-4149	3 - Grand Bicycle Center 45-18 150th St / 718-335-1906
4 - Neighborhood Cycles, Inc. 3271 Courtland Avenue / 718-865-6031	30 - 8th Street Cycles 546 8th Ave / 212-355-5100	29 - 8th Ave Metro Bicycles 546 8th Ave / 212-355-5100	4 - Grand Bicycle Center 45-18 150th St / 718-335-1906
5 - Castle Hill Bicycle Center 5467 E. Tremont Avenue / 718-597-2083	31 - Paragon Sports 607 Broadway / 212-255-8336	30 - Paragon Sports 332 E 14th St / 212-232-4344	5 - LIC Cycles 25-11 Queens Plaza North / 718-474-4031
6 - Washwater Bicycle Pro Shop 311 Westchester Ave / 718-429-1114	32 - Ser's Bicycle Shop 151 W. 51st St / 212-989-1000	31 - Mid Street Metro Bicycles 332 E 14th St / 212-232-4344	6 - Cigi Bicycle Shop II 61-07 37th Ave / 718-457-1003
		32 - Ser's Bicycle Shop 151 W. 51st St / 212-989-1000	7 - Menopace Bicycles 30-64 Queens Blvd / 718-478-3338
		33 - Recycle-Bicycle 72 Avenue C / 212-473-1655	8 - Cigi Bicycle Shop 45-18 150th St / 718-335-1906
		34 - Bike Works 14-18 150th St / 718-335-1906	9 - Century Bicycle Shop 45-18 150th St / 718-335-1906
		35 - Bicycle Habitat 244 Lafayette St / 212-431-3315	10 - Flushing Bicycle Shop 45-18 150th St / 718-335-1906
		36 - Spokenes Cycles 24 Irving Plaza / 212-395-0450	11 - Roberts Bicycle 32-37 1st Ave / 718-221-1111
		37 - Canal St Metro Bicycles 1 Hudson Square / 212-334-8000	12 - Peak Mountain Bike Pro Shop 45-18 150th St / 718-335-1906
		38 - Frank's Bike Shop 503 Grand Ave / 212-410-1144	13 - Spokenes Cycles 24 Irving Plaza / 212-395-0450
		39 - Gotham Bike Shop 116 W Broadway / 212-732-2453	14 - Sole City Cycle 11-00 Queens Blvd / 718-793-8800
		40 - Manhattan Velo 116 W Broadway / 212-732-2453	15 - Twin Bicycle 11-00 Queens Blvd / 718-793-8800
		41 - NYC Velo 45-33 11th St / 718-271-1473	16 - Gray's Bicycle 54-34 Lettice Blvd / 718-441-9767
		42 - Continuum Cycles 2118 St. Metro Bicycles	17 - Hardware City Ltd. 71-20 Jamaica Ave / 718-759-3000
		43 - Enoch's Bike Shop 1140 Columbus Ave / 212-526-9220	18 - Arc de Triomphe Bicycles 300 7th Ave / 212-568-0220
		44 - Landmark Bicycles 108 East 3rd St / 212-674-2343	19 - Bell's Bicycles 800 7th Ave / 212-568-0220
		45 - Nye's Wheel 102 2nd Ave / 212-722-2201	20 - Bicycle Barn 107-20 Springfield Blvd / 718-478-3119
		46 - Chelsea Bicycles 162 York Ave / 212-737-3078	21 - LaSalle Bicycle Shop 240 Beach 129th St / 718-945-6787
		47 - Lenny's Bicycles (BLB) 301 W 28th St / 212-249-7715	22 - Lightmeets Bike and Boat Rental 2000 Merrick Blvd / 718-268-6986
		48 - Mr. C's Cycles 1400 3rd Ave / 212-784-2929	23 - Min's Mall 300 7th Ave / 212-568-0220
		49 - Webster's Bicycles 136 Second Ave / 212-238-5292	24 - Bicycle Repairman Corp. 240 Beach 129th St / 718-945-6787
		50 - Brooklyn Heights Bike 278 Adams Ave / 718-625-9633	25 - Eastern Mountain Sports 520 Broadway / 212-966-8730
		51 - Bike Shop 231 W 98th St / 212-663-2301	26 - Affinity Cycles 616 Grand Street / 718-384-5181
		52 - Eddie's Bicycles Shop 440 Amsterdam Ave / 212-900-2011	
		53 - Innovation Bike Shop 105 W 100th St / 212-476-7130	
		54 - Terry's Video and Bikes 503 Grand Ave / 212-410-1144	
		55 - Champion Bike Shop 596 Amsterdam St / 212-663-2301	
		56 - Manhattan Velo 116 W Broadway / 212-732-2453	
		57 - 54th Street Metro Bikes 543 54th St / 212-253-4788	
		58 - Edie's Bicycles Shop 440 Amsterdam Ave / 212-900-2011	
		59 - Continuum Cycles 2118 St. Metro Bicycles	
		60 - Enoch's Bike Shop 1140 Columbus Ave / 212-526-9220	
		61 - Landmark Bicycles 108 East 3rd St / 212-674-2343	
		62 - Nye's Wheel 102 2nd Ave / 212-722-2201	
		63 - Chelsea Bicycles 162 York Ave / 212-737-3078	
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