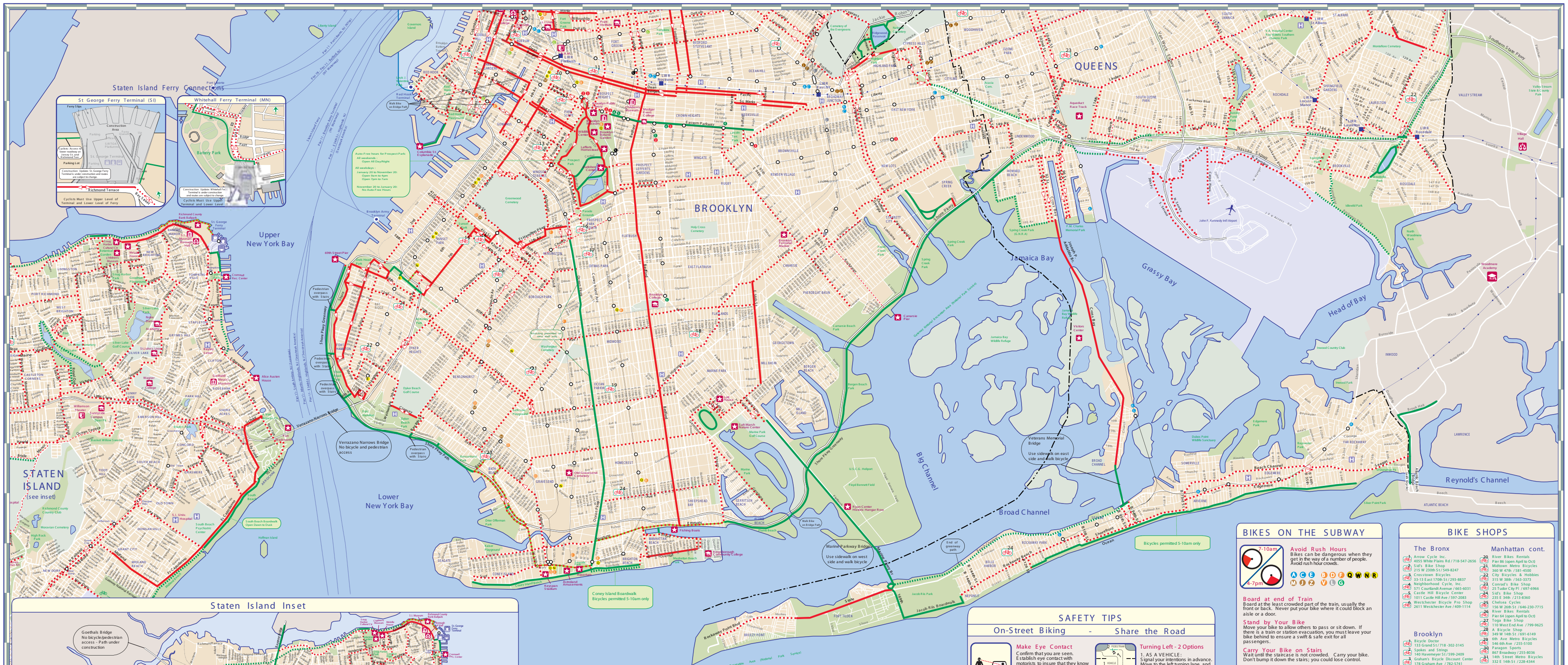

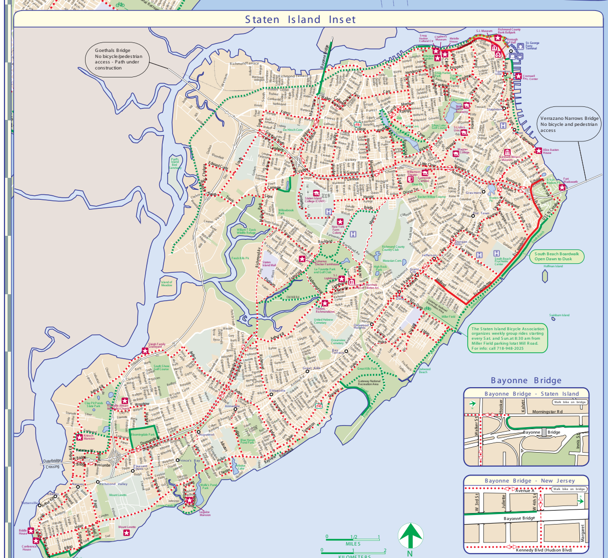

LEGEND

- Bike Lane (on-street)
- Recommended Route (sufficient width and/or light traffic)
- Cautionary Route (limited width and/or heavy traffic)
- Greenway (off-street or designated path in parks)
- Greenway Connector (on-street, signed route)
- Planned/Proposed Greenway (for future construction)
- Bike Shops
- Subway Lines and Stations
- Commuter Rail and Stations
- Expressways
- Principal Streets
- Ferry Lines and Terminals
- Parks
- Open Space and Cemeteries
- Airports and Industrial Uses
- Sites of Interest
- Landmarks and Museums
- Schools and Universities
- Theaters
- Government
- Ferry
- Bus
- Train
- Hospital

0 1/2 1 MILES
0 1 2 KILOMETERS
N

About this map:

Disclaimer: The City of New York has published this map to aid cyclists. Cyclists are urged to use facilities that are suitable for their individual cycling skills and to be aware that traffic volumes, during certain times of the day, may be unsuitable for their cycling abilities. The City of New York takes no responsibility for users' safety, and in no way warrants the safety or fitness of the suggested routes: Ride carefully!

© 2005 Edition. 1st Printing 1997. Copyright, Departments of City Planning and Transportation, The City of New York.

To receive additional copies of the Cycling map, please call 311. Updated versions of the Cycling maps and activities of the City of New York Bicycle Network Development (BND) Program can be found at: www.nyc.gov/html/dcp/home.html
To report a pothole or other street defect please go to: www.nyc.gov/dot or call 311.
To request free sidewalk bicycle parking racks, please go to: www.nyc.gov/dot or call 311

Map Credit: Thanks to the Cities of Chicago, Illinois; Portland, Oregon; and Calgary and London, Canada for the use of information from their cycling maps.
Cover layout & design by Michael Pilgrim, NYCDCP
Cover photo credit: Masami Adachi

BIKE LAWS & SIGNAGE

Obey Traffic Signs and Signals
As vehicles, bicycles must obey all NYC Traffic Rules. Cyclists have the same rights, privileges and duties as other vehicular traffic.

Never Ride Against Traffic
Motorists and pedestrians are not looking for bicyclists riding against traffic. It is illegal and dangerous. Ride with traffic to avoid accidents.

Stay Off Sidewalks
Bikes are not permitted on sidewalks unless bike wheels are less than 26 inches in diameter and the rider is 13 years or younger, or signs allow.

Be Visible
Ensure your visibility at night by wearing light-toned clothing with reflective tape material. Outfit your bike with lights as you would for riding on the roads.

For additional traffic laws regarding cycling see:
NY State Vehicle and Traffic Law
375, 1231: 1232, 1233, 1234, 1235, 1236, 1237, 1238
NYC Traffic Rules
4-02 (a) 4-07 (c); 4-08 (e); 4-12 (e,o,p)
NYC Administrative Code 10-157; 19-176
and Rules of the City of New York for regulations in parks 56 R.C.N.Y. § 1-05

Bike Lane Signage
BIKE LANE BIKES ONLY — Regulatory Sign
Pavement Marking

Greenway Signage
NYC GREENWAY SHORE PARKWAY ESPLANADE

The Signage for the City's Greenway System was developed by the Department of City Planning to provide a recognizable identity for the city-wide Greenway system while guiding users safely along the routes.

SAFETY TIPS

On-Street Biking - Share the Road

Make Eye Contact
Confirm that you are seen. Establish eye contact with motorists to insure that they know you are on the road. Look over your shoulder regularly or use a mirror to scan the road behind. Although bicycles have equal right to the road, be prepared to maneuver for safety.

Be Careful at Intersections
Most accidents happen at intersections. Proceed with care. Avoid being in a turn-only lane if you want to go straight through an intersection. In narrow lanes or slow traffic, it may be safer to take the whole lane.

Use Hand Signals
Signal all turns and stops ahead of time. Look over your shoulder for any traffic, then make your intended move only when it is safe to do so.

Keep both hands ready to brake
You may not stop in time if you brake one-handed. Allow extra distance for stopping in the rain, since brakes are less efficient when wet.

Keep your bike in good repair
Maintain your bike in good working condition. Check brakes regularly and keep tires properly inflated.

Turning Left - 2 Options
1. AS A VEHICLE: Signal your intentions in advance. Move to the left turning lane, and complete the turn when it is safe.
2. AS A PEDESTRIAN: Ride to the far crosswalk & walk.

Beware of Car Doors
Be wary of parked cars. Motorists can unexpectedly open doors. Be particularly careful if a you see a motorist in the car. Ride in a straight line at least three feet away from parked cars.

Lock Your Bike
Lock the frame and rear wheel of your bike to a fixed object. If you have a quick release, lock the front wheel also. Do not lock your bike to trees.

Avoid road hazards
Watch out for parallel-slat sewer grates, slippery manhole covers, oily pavement, potholes and construction plates.
Cross railroad tracks carefully.

Additional Tips for Multi-Use Paths

Right-of-Way
Cyclists and In-line skaters must yield to pedestrians. Pedestrians always have the right-of way.

Keep to the Right
All path users must keep to the right except when passing or turning left. Pedestrians: move to the right when someone is passing. Move off the path when stopping. Never block the path.

Use Designated Path
Where designated, cyclists and skaters must ride on the specified path. Don't ride on a pedestrian path. Look both ways at crossings. Cyclists: yield to through traffic at intersections; pedestrians have the right of way. Pedestrians: exercise caution.

Signal to Others
Cyclists: sound your bell or call out a warning when approaching others, then pass safely on the left. Skaters: Follow travel rules as per bicyclists. Do not perform trick-skating maneuvers on heavily used paths.

Stay on the Path
Ride only on designated paths to protect parks, natural areas and yourself. Riding off a designated pathway is dangerous and prohibited in NYC Parks.

BIKES ON THE SUBWAY

Avoid Rush Hours
7-10am / 4-7pm
Bikes can be dangerous when they get in the way of a number of people. Avoid rush hour crowds.
A C E B D F Q W N R M J Z V L G

Board at end of Train
Board at the least crowded part of the train, usually the front or back. Never put your bike where it could block an aisle or a door.

Stand by Your Bike
Move your bike to allow others to pass or sit down. If there is a train or station evacuation, you must leave your bike behind to ensure a swift & safe exit for all passengers.

Carry Your Bike on Stairs
Wait until the staircase is not crowded. Carry your bike. Don't bump it down the stairs; you could lose control.

Use Service Gate
Do not try to lift your bike over the turnstile. Signal the Token Clerk to release the service gate. Use a MetroCard & roll the turnstile. Pull the service gate to enter.

Courtesy + Common Sense = Bicycle Safety
Consideration of others along with reasonable judgment help produce a safer, more comfortable environment for bikes.

BIKES ON MASS TRANSIT

Train

Amtrak (800) 872-7245 $10 box fee	Train with Baggage Car required. No box required for travel to & from Vermont, use car equipped with bike racks. $10 for rack use.
LIRR (718) 558-8228 $5 permit required 2 bikes per car, max 4 bikes per train.	Weekday Outbound: Bikes on all trains departing Penn Station 9 AM - 3 PM & 8 PM - 7 AM. Weekday Inbound: Bikes on all trains arriving 10 AM - 4 PM & 7 PM - 6 AM. Weekend & Holidays: see permit for details
Metro-North (212) 532-4900 $5 permit required 2 bikes per car, max 4 per train.	Weekday Outbound: Bikes on all trains departing Grand Central St. 9 AM - 3 PM & 8:15 PM - 6 AM. Weekday Inbound: Bikes on all trains arriving 10 AM - 4 PM & 7 PM - 6 AM. Weekend: no restrictions. Holidays: see permit for details.
New Jersey Transit (800) 772-2222 No permit required	Weekday Outbound: Bikes on all trains departing Penn Station 9:30 AM - 4 PM & 7 PM - 5 AM. Weekday Inbound: Bikes on all trains arriving 9:30 AM - 4 PM & 7 PM - 5 AM. Weekend: no restrictions Holidays: see permit for details.
PATH (800) 234-PATH (201) 216-6247 No permit required	Weekday Outbound & Inbound: Bikes on all trains, 2 bikes per car. On trains departing 9:30 AM - 3:30 PM & 6:30 PM - 6:30 AM. Weekend & Holidays: no restrictions.
Staten Island Railroad	Weekday Outbound & Inbound: Bikes on all trains departing 9:00 AM - 3:00 PM & 7:00 PM - 4:00 AM. Weekend & Holidays: no restrictions.

Ferry

Seastreak (800) BOAT-RIDE	Bikes allowed all times. $3 extra fee. Service between Pier 11, E.34th St to Highlands, Atlantic Highlands & S.Amboy, NJ.
Staten Island Ferry 311	Bikes allowed all times. From Whitehall Ferry Terminal to St George Ferry Terminal. No charge. Enter at lower level.
NY Waterway (800) 533-3779 (800) 53-FERRY	Bikes allowed all times. $1 extra fee. Service between NJ: from Port Imperial to Port Liberte including Belford and Manhattan: Pier 11, WFC and Pier 78.
Liberty Landing (201) 985-8000	Bikes allowed all times. No charge. Service between Liberty State Park, NJ and WFC.
NY Water Taxi (212) 742-1969	Bikes allowed all times. No charge. Service between BAT, Red Hook, Fulton Ferry, Pier11, WFC, Chelsea Piers, Pier84, E.34th St, E.90th St and Hunters Point.

Bus

Bus	Access Yes/No	Fee	Call for Restrictions		Access Yes/No	Fee	Call for Restrictions
Local: QBx 1	YES 1)	N	(718) 445-3100	Shortline	YES *	N	(201) 529-3666
				Suburban	NO		(800) 222-0492
Suburban:				W.C.Bee Line	NO		(914) 682-2020
Academy	YES	N	(212) 962-1122	VT Transit	YES *	$15	(802) 862-9671
Asbury Park	YES	N	(212) 971-9054				
Bieber	YES **	$5	(610) 683-7333	Inter-city:			
CT Limo	YES *	N	(203) 878-6867	Bonanza	YES	$15	(800) 556-3815
DeCamp	NO		(973) 783-7500	Greyhound	YES *	$15	(800) 231-2222
Hampton Jitney	YES	$10	(800) 936-0440	Trailway Affiliate	YES *	N	(800) 858-8555
Lakeland	NO		(973) 366-0600	Adirondack	YES *	N	(800) 225-6815
L.I. Bus	NO		(516) 542-0100	Capitol	YES *	Y	(717) 233-7673
NJ Transit	YES 2)	N	(800) 772-2222	Martz	YES *	N	(800) 233-8604
Olympia Trails	YES	N	(212) 964-6233	Peter Pan	YES *	$15	(800) 343-9999
Red & Tan	NO		(845) 356-0877	Susquehanna	YES *	N	(800) 692-6314

* Bike in Box ** Remove front wheel 1) seasonal Apr.- Oct, 2 bikes per rack 2) If space available

BIKE SHOPS

The Bronx
1 Arrow Cycle Inc. 4055 White Plains Rd / 718-547-2656
2 Sid's Bike Shop 215 W 230th St / 549-8247
3 Crosstown Bicycles 33-13 East 170th St / 293-8837
4 Neighborhood Cycle, Inc. 571 Courtlandt Avenue / 665-6031
5 Castle Hill Bicycle Center 1011 Castle Hill Ave / 597-2083
6 Westchester Bicycle Pro Shop 2611 Westchester Ave / 409-1114

Brooklyn
1 Bicycle Doctor 133 Grand St / 718-302-3145
2 Spokes and Strings 140 Havemeyer St / 599-2409
3 Graham's Bicycle Discount Center 178 Graham Ave / 782-5741
4 Nelson's Bicycle Shop 251 Bushwick Ave / 821-4811
5 Recycle-a-Bicycle 55 Washington St / 858-2972
6 John's Bicycle Shop 742 Myrtle Ave / 855-4937
7 Terrific's Video and Bikes 1547 Broadway / 453-1575
8 Brooklyn Heights Bike 278 Atlantic Ave / 625-9633
9 Bike Shop 147 Union St / 797-0326
10 R&A Cycles 105 5th Ave / 636-5242
11 Bicycle Station 560 Vanderbilt Ave / 638-0300
12 Dixon's Bicycle Shop 792 Union St / 636-0067
13 On the Move 400 7th Ave / 768-4998
14 Arnold's Bicycles 4220 8th Ave / 435-8558
15 Mr. C's Cycles 4622 7th Ave / 438-7283
16 Weber's Bicycles 4715 New Utrecht Ave / 871-4321
17 Brooklyn Bicycle Center 715 Coney Island Ave / 941-9095
18 Larry's Cycle Shop 1854 Flatbush Ave / 377-3600
19 P&H Cycle Store 1819 Coney Island Ave / 998-4333
20 Ferrara Cycle Shop 6304 20th Ave / 232-6716
21 Verrazano Bicycle Shop 7308 5th Ave / 680-6521
22 Bay Ridge Bicycle World 8916 3rd Ave / 238-1118
23 Bath Beach Cycles 2156 Bath Ave / 265-2453
24 Roy's Sheepshead Cycle 2679 Coney Island Ave / 646-9430

Manhattan
1 Tread Bike Shop 225 Dyckman St / 212-544-7055
2 Mani's Bicycle Shop 8 Bennett Ave / 927-8501
3 Victor's Bike Repair 4125 Broadway / 740-5137
4 Junior Bicycle Shop 1820 Amsterdam Ave / 690-6511
5 New York Cyclist 301 Cathedral Pkwy / 864-4449
6 Heavy Metal Bike Shop 2016 Third Ave / 410-1144
7 Champion Bicycle 896 Amsterdam St / 662-2690
8 West Side Bicycles 231 W 96th St / 663-7531
9 Eddie's Bicycles Shop 490 Amsterdam Ave / 580-2011
10 Bicycle Renaissance 430 Columbus Ave / 724-2350
11 Metro Bicycles 1311 Lexington Ave / 427-4450
12 Larry & Jeff's Bicycles Plus 1690 2nd Ave / 722-2201
13 Nyce Wheels 1603 York Ave / 737-3078
14 Larry & Jeff's Bicycles Plus 1400 3rd Ave / 794-2929
15 Pedal Pusher Bikes 1306 Second Ave / 288-5592
16 Bike Heaven 348 E 62nd St / 230-1919
17 Scandinavian Ski & Sport Shop 40 W 57th St / 757-8524
18 Liberty Bicycles 832 9th Ave / 757-2418
19 Enoch's Bike Shop 756 10th Ave / 582-0620

Manhattan cont.
20 River Bikes Rentals Pier 86 (open April to Oct)
21 Midtown Metro Bicycles 360 W 47th / 581-4500
22 City Bicycles & Hobbies 315 W 38th / 563-3373
23 Conrad's Bike Shop 25 Tudor City Pl / 697-6966
24 Sid's Bike Shop 235 E 34th / 213-8360
25 Chelsea Cycles 156 W 26th St / 646-230-7715
26 River Bikes Rentals Pier 64 (open April to Oct)
27 Toga Bike Shop 110 West End Ave / 799-9625
28 A Bicycle Shop 349 W 14th St / 691-6149
29 6th Ave Metro Bicycles 546 6th Ave / 255-5100
30 Paragon Sports 867 Broadway / 255-8036
31 14th Street Metro Bicycles 332 E 14th St / 228-4344
32 Bikes By George 413 E 12th St / 533-0203
33 Recycle-a-Bicycle 75 Avenue C / 212-475-1655
34 Bike Works 106 Ridge St / 212-388-1077
35 Bicycle Habitat 244 Lafayette St / 431-3315
36 The Hub Station 517 Broome St 965-9334
37 Canal St Metro Bicycles 417 Canal St 334-8000
38 Frank's Bike Shop 553 Grand St / 533-6332
39 Gotham Bike Shop 116 W Broadway / 732-2453

Queens
1 Tony's Bicycle 35-01 23rd Ave / 718-278-3355
2 Bike Stop 37-19 28th Ave / 278-2453
3 Bill's Cycle 63-24 Roosevelt Ave/ 335-1906
4 Grand Bicycle Center 70-13 Grand Ave / 779-4691
5 Cuevas Bicycles 30-57 90 St / 396-0546
6 Cigi Bicycle Shop II 91-07 37th Ave / 457-1093
7 P.M. Bicycles 92-64 Queens Blvd / 478-3338
8 Cigi Bicycle Shop 42-20 111th St / 271-1473
9 Century Bicycle Shop 14-18 150th St / 767-2772
10 Flushing Bicycle Center 45-70 Kissena Blvd / 358-0986
11 Labee Bicycle 159-01 Northern Blvd / 445-9118
12 Roberts Bicycle 33-13 F Lewis Blvd / 353-5432
13 Peak Mountain Bike Pro Shop 42-42 235th St / 225-5119
14 Buddy's Schwinn Bicycles 79-30 Parsons Blvd / 591-9180
15 Spin City Cycle 110-50 Queens Blvd / 793-8850
16 Twin Bicycles 75-20 Metropolitan Ave / 326-7725
17 Gray's Bicycle 82-34 Lefferts Blvd / 441-9767
18 Hardware City Ltd. 79-06 Jamaica Ave / 296-2000
19 Arc de Triomphe Bicycles 114-01 Jamaica Ave / 846-2099
20 Belitte Bicycles 169-20 Jamaica Ave / 739-3795
21 Bicycle Barn 107-34 Springfield Blvd / 479-3119
22 Laurelton Bicycle Shop 232-20 Merrick Blvd / 528-6886
23 Bill's Ozone Park Bicycles 108-11 Liberty Ave / 641-1880
24 Mini Mall 430 Beach 129th St / 945-6787

Staten Island
1 Bennett's Bicycles 517 Jewett Ave / 718-447-8652
2 The Bike Shop 4026 Hylan Blvd / 948-5080